

# Midwife Care Program

Welcome to the **Midwife Care Program** at Yackandandah Health Medical Centre.

Our Midwife, Louise Thornton and our GP Obstetrician, Dr Tess Goodwin, offer comprehensive antenatal care with postnatal follow up and breastfeeding support. Our focus is to contribute positively to your pregnancy.

The Midwife Care Program welcomes women with low risk pregnancies and provides individualised care, education and support surrounding all aspects of pregnancy, birth and parenting. Women with higher risk pregnancies who require Obstetric GP appointments are welcome to book in to see our midwife for further education or to address any concerns such as previous births, continence or any other pregnancy or breastfeeding related issues.

We offer:

- A warm and friendly, woman-centred and family inclusive approach
- Comprehensive antenatal checks with time to discuss needs/concerns
- Screening tests where applicable
- Provision of referrals as required
- Pregnancy & birth information and education throughout
- Birth plans and preparation
- Access to external services and ongoing community support
- Domiciliary Visit (postnatal care in the home)
- Breastfeeding support
- Postnatal follow-up appointments.



All visits are recorded in your Pregnancy Health Record which you will receive at your “booking in” visit at the birthplace of your choice. The Pregnancy Health Record will be kept by you and taken to each visit. Your visits to our Midwife Louise, will be in collaboration with our GP Obstetrician Tess, who will review your progress at regular intervals, both early in your pregnancy, and again from 36 weeks up until the birth of your baby. This will ensure any complications are picked up early and referred for specialist review.

## OUTREACH DOMICILIARY FOLLOW UP

Our relationship with local birth hospitals allows Louise to attend women after their baby is born offering **outreach** domiciliary follow-up (care in the home). This Outreach program for Yackandandah, Beechworth and surrounds enhances the continuity of care.

**BOOK AN APPOINTMENT** - The staff at Yackandandah Health Medical Centre look forward to meeting you

Midwife Care Program is held every second Thursday.

Book Online via our website - [www.yackandandahhealth.com.au/](http://www.yackandandahhealth.com.au/)

or via the HotDoc App on your device, or

By phone the Medical Centre on (02) 6028 0130.

Yackandandah Health Medical Centre is dedicated to providing comprehensive, quality medical services in an efficient and caring environment.

## OUR DOCTORS

Dr. Tess Goodwin, *BMBS FACRRM FRACGP Adv. DRANZCOG*

Dr Justin Donaldson, *MBChB MRCS MRCGP FRACGP.*